



Lakedell School

February 2023

mikisowipîsim

eagle moon



Principal Message:

We've had a fabulous January at Lakedell School, and look forward to an even more interesting and active February.

We were pleased to have so many families attend our Christmas in January concert. The kids did a fine job with their various performances, and I also thank the staff for their concerted efforts to prepare the students after the disruptions of December. Congratulations to those who won the Parent Fundraising Committee raffles.

Due to the unseasonably warm weather during January, we have been able to use the ice rink almost daily. Thank you to all the parent volunteers for getting the rink ready for us and maintaining it. The older kids especially have appreciated the opportunity to skate during recesses and physical education classes.

We are also thankful to the Poplar Bay residents who planned for us to visit last week for an afternoon of skating and activity. I am sure we would have had a great time, and it was unfortunate the snow melted and the rain came resulting in a postponement. It will be wonderful to spend time in the fresh air (we hope) on February 16 when we are going to try again. Also, thank you to the Lions Club of Pigeon Lake for their donation of \$1500 for our breakfast and lunch programs. Community support is vital for all public schools- we couldn't offer the children the programming we do without the generosity of the community.

We have 'tightened' up after-school dismissal so that children are not leaving the building before the bell at 3:38. Please adjust your schedule for pick-up accordingly. We thank everyone for their cooperation as we ensure all students leave the school safely. Please do not drop-off your children too early in the morning- close to 8:20 is fine.

We invite you to visit the Brenda McLeod Library the next time you are in the building. Mrs. Smith has been working hard as we've reorganized the library with the addition of new shelving for book display.

Teachers have updated student progress reports within PowerSchool. Please take time to review your child's learning and assessment; if you require assistance, please contact Mrs. Smith in the office. She can help you navigate the system.

As always, please contact me if you have any questions or are experiencing challenges related to school.

Donald Teplyske, Principal 780 335 4549



Lakedell School Parent Council & Fundraising Committees

Christmas in January!

The Parent Fundraising committee is thankful for all those who contributed the raffle baskets that were raffled off at the Christmas Concert in January. The items were well thought out and provided great value to the baskets. Between the raffle baskets and 50/50 we were able to raise \$1193 to support our upcoming skiing and swimming opportunities for the students!

Thank you!!

Congratulations goes out to the basket winners!

Family Fun Bin # 1 Joe Battaglia

Everything Dogs and Cats - Darcy Carey

Family Fun Bin # 2 Heidi Mantai

Warm and Cozy Basket - Jen Stewart

Christmas Dinner - Corey Kozak

50/50 - \$329 Martin Foy

Mother Nature has us on a roller coaster, cold, snow, warm and then SOME ICE! There is still Bear Track Ice Melt available for \$30 per 16 kg bucket!!! Call or text 780-312-3250 to arrange pick up!

Please Join us February 14 at 4 pm for our meeting! We will be focusing on the up and coming LARGE fundraiser the West of the 5th Poker Run! Please reach out to get involved and volunteer at this FUN community event. 50/50 is now Live on line - Together we will sell it out!!



West of the 5th Winter Poker Run

Scheduled for **February 25**, this is an incredible fundraiser for our School Fundraising Committee, and every dollar that is donated

to our Fundraising Society supports activities for our students--skiing & snowboarding trips, swimming lessons, Alien Inline, Meals by Moms lunches for the children, and so much more. Volunteers from the school community are essential to ensuring this fundraiser is successful. Like the Haunted Barn, the West of the 5th Winter Poker Rally is entirely volunteer-based.

We need your help! Contact Loretta Weisgarber

@ 780-860-8444 to volunteer

Alternately, plan to participate in the Poker Run and support the fundraiser financially! Together we all contribute to making our school the best place it can be for all students.

Thank you!



Lakedell School Students of the Week

Our most recent students of the week, selected by staff members for any number of wonderful reasons, include:

Beck, Bailey & Roscoe

Each Student of the Week receives recognition at the school and a small token of appreciation



Bus & Absence Routines



You will notice signage in the parking areas and laneway of the school; please observe them to maximize student safety.

To reduce morning congestion in front of the school—and to avoid bus-car-truck conflicts—we want parents to drive into the second entrance (by the ice rink), 'drop' their children at the east end of the school, and then proceed out the 'main' entrance. We are hoping this will reduce the number of parent vehicles that are sometimes 'in the way' of the buses. Please do not drop-off your children before 8:20. Thank you for your cooperation!

As always let us know when your child is going to be absent; use the SafeArrival WRPS app, text the teacher, call the office or write a note in the agenda the day before. We need to know that your child is not going to be at school.

If you are making changes to the bus routine (for example, your child is going to a friend's house) you must tell us. We will not arrange a bus change based on your child's say so. If you are picking up your child at the end of the day, please wait at your vehicle until the buses depart; Mr. Teplyske will dismiss children to you once he recognizes you. It helps if you step out of your vehicle so that we can see your face.

It is so important for children to arrive 'on-time' for school. Teachers begin formal teaching at 8:45, but prior to that students have the opportunity to practice reading, writing, and math skills, and to get organized for the day. When children habitually arrive later than 8:30, their learning is impacted.

Food for Students Donation



For many years, the Lions Club of Pigeon Lake has supported the Lakedell School Breakfast and Lunch programs. This past week, the Lions presented the school with a cheque for \$1500 from their ongoing fundraising efforts. Pictures, left to right: Bob Pitts, vice-president, Donald Teplysk, school principal, Mike Wollin, president, and Dave Watt, treasurer. Lakedell School is grateful for this community support. If you are interested in joining the Lions, contact robertpitts@shaw.ca.

Each morning our Smudge Leaders- Rozi, Hunter, Beck, and Guy- assist students with their morning smudging routine. The Smudge Leaders have received teachings from Mr. Caron, our Indigenous Support Worker, and provide students with an opportunity to begin their day in a good way within a supportive community. Thank you to our Smudge Leaders for their on-going efforts.



The Cultural Wheel Presentation



Lakedell students welcomed Kyeler and his presentation of the Cultural Wheel. The 4 quadrants of the Cultural Wheel teach Folklore, Community, Kinesthetic, and Celebration. The students sang along to Canadian Folk songs, learned some dances, and were introduced to several instruments. The final presentation was a celebration of all they had learned that day.



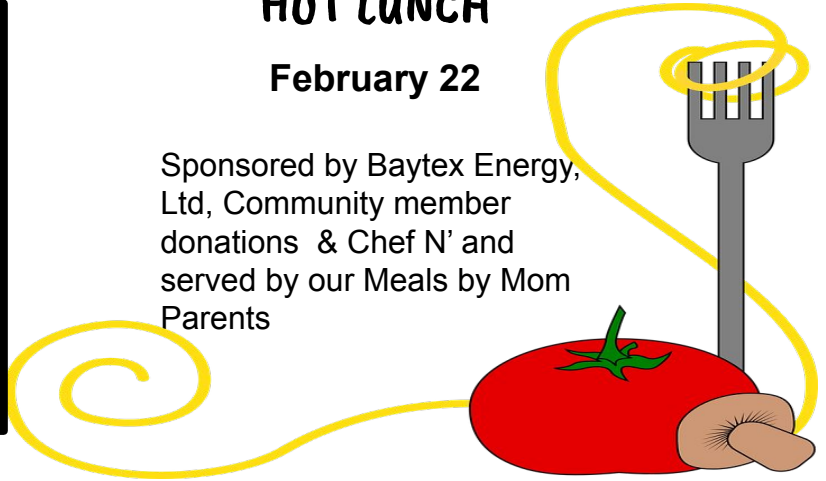
**School Council &
Lakedell School
Fundraising
Committee Meeting**

Feb 14th, 2023
4:00

HOT LUNCH

February 22

Sponsored by Baytex Energy,
Ltd, Community member
donations & Chef N' and
served by our Meals by Mom
Parents



Lakedell School's Wellness Coach

Miss Gibson has started a Wellness Club every Monday at lunchtime. So far, students that joined have discussed what wellness means to them, how we can improve overall wellness at Lakedell School, and now we will be focusing on Pink Shirt Day - a day dedicated to raising awareness about bullying. This year, Pink Shirt Day lands on February 22nd. The Wellness Club will be putting together a Pink Shirt Day bulletin board that will display students "Pink Shirt Day Promise" - how they promise to help end bullying in their school and classroom. We look forward to spreading even more kindness and compassion throughout Lakedell School!

The Brenda McLeod Library's Most Popular Books This Month:



Next time you are in the school, poke your head in the library. We have made some substantial changes to better the experience of children.

Each month Lakedell students and staff emphasize an element of character development within our “**Kindness Counts**” program. In January we focused on “**Try to understand how others feel**” and in February we are encouraging students to “**Give Compliments Freely.**” Through this continued focus on elements related to Kindness, we strive to develop within children characteristics of empathy building, positive feelings, respect, and support within the school community and within children, qualities that we hope will last a lifetime. Please encourage your child to remember **Kindness Counts** this and every month with a special emphasis on “**Give Compliments Freely**” during February.



We want to invite the Lakedell School families to participate in the Wetaskiwin Co-op School Equity Program, which allows schools to earn equity on purchases.

Lakedell's number is **82415** and at the till, customers at all Wetaskiwin Co-op locations have the option to use that membership number. The equity earned from each of these purchases will be calculated based on Wetaskiwin Co-op's fiscal year, November 1st – October 31st and 100% of the equity earned will be paid out to the school. Thank you for your support!

CO-OP
Wetaskiwin

**Wetaskiwin Co-op
School Equity Program**

Use these membership numbers at any Wetaskiwin or Falun Co-op location to raise money for your local schools!

Alder Flats	83881
Buck Mountain Central	83900
Centennial	85088
Clear Vista	86616
École Queen Elizabeth	82281
Early Education	80224
Falun	82898
Griffiths-Scott	84101
Gwynne	83029
Lakedell	82415
Norwood	83782
Parkdale	84594
Pigeon Lake	84916
Pipestone	84395
Sacred Heart	85533
Wetaskiwin High School	82295
Winfield	83856

Breakfast, Snack, & Lunch Program



As you may know, Lakedell School has a Breakfast, Snack, and Lunch Program that is open to ALL students. Each day Mrs. Leibel ensures students have access to cereal, thanks to the support of Breakfast Clubs of Canada, as well as continued community and private donations. As well, we provide snacks and lunches for students who require these. The breakfast and lunch programs are intended to support students and families in need, without questions or qualifying information. We appreciate that some families are struggling during difficult times. If you feel your child cannot attend school due to a lack of breakfast at home or lunch coming to school, please discuss this with me: we want your child at school, and will make arrangements.

Teachers have asked me to mention that children need enough food for three healthy (-ish) snacks daily as well as lunch.

Please feel free to contact Mr. Teplyske at the school if you have any questions or comments about our school or your child's program.

Our breakfast and foods programs are currently very well-funded: thank you for your support. If you wish to make a general donation to help support extra school programming, we greatly appreciate any financial support that you can offer. Please contact Mrs. Smith at the office if you would like to donate. We thank all the families who made financial contributions last school year.

Drink Tab Collections

PULL TAB PROJECT FOR CHILDREN WITH DIABETES

Lakedell School will be collecting pull-tabs again. This project is sponsored by the Lions Club of Pigeon Lake who converts the tabs collected into dollars which are managed by the Pediatric Diabetes Education Centre at the Stollery Children's Hospital in Edmonton.

By pulling the tabs, you can help a parent to buy life sustaining diabetes equipment and supplies for their child!

The local schools in our area will be collecting the pull-tabs to see which school has collected the most by weight and the winner will receive a prize from the Lions Club of Pigeon Lake.

Thank you for making a difference to the children and families struggling with Diabetes.



Plains Cree Calendar Teaching

mikisew/kihew pisim ᓂᓂᓂᓂ ᓂᓂᓂᓂ Eagle Month (February)

Mikisew/kihew is the first bird to come before coming alive, making way for geese and other birds that will follow and return from the south.



mikisew/kihew (eagle) & the family unit

This is a teaching about opikiyasowin (child rearing), and wahkotowin (kinship), important Cree values. It is also said that mikisew/kihew heralds the coming of other birds who arrive later in the spring, the smaller birds following behind it. Let go emotionally and mentally to that which is harmful and cluttering in a way that brings clarity and peace of mind.

If one part of the eagle is broken it cannot function. All parts are essential to the whole. If one person in a family is broken, like the eagle, it cannot soar. If one family is broken, it can break the community, and so on. When the whole is fractured, the community must pull together for healing and resurgence. It is especially important for the young to spend time with the old. When they are not connected then fractures will occur.

Wayne P. Caron, BA/NS

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Indigenous Support Worker

BMC, Alder Flats, Falun & Lakedell Schools

Phone: 780-312-4893

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We acknowledge that we are on Treaty 6 territory, a traditional meeting ground, gathering place, and travelling route to the Cree, Saukteaux, Blackfoot, Métis, Dene and Nakota Sioux. We acknowledge all the many First Nations, Métis, and Inuit whose footsteps have marked these lands for centuries.

Ms. Kandice's Corner

February already!!! More than half way through the school year. Wow!
I have returned from my leave of absence and am available on Thursdays at the school. I want to say thank you to Brandee Fossen for covering in my absence.

As a reminder as the Family School Liaison, my main focus is to provide social and emotional support, crisis intervention and referral to community resources.

I can support students with:

- emotional regulation, such as, anger, frustration, worry, anxiety, sadness, fear
- stress management
- experiencing grief/loss
- changes within the family ie. separation/divorce, illness, family stress
- bullying
- conflict resolution/friendship challenges
- transitioning to PLRS (grade 6)

I am also available to parents/guardians. If you have any questions/concerns regarding your child's well-being, parenting strategies or are seeking a referral to community resources, please give me a call at the school or contact me by email.

All Family School Liaison services are confidential and parental consent needs to be given for continued support.

Kandice Wynia - FSL, RPC, CT

Lakedell School 780-586-2415
kandice.wynia@wrps11.ca

Lakedell School - February 2023

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eagle moon



Sun	Mon	Tues	Wed	Thu	Fri	Sat
			1 Kindergarten Day	2	3 Kindergarten Day	4
5	6 Kindergarten Day	7	8 Kindergarten Day Gr 3-6 Ski/snowboarding- Rabbit Hill	9 Teachers Convention No school for Students	10 Teachers Convention No school for Students	11
12	13 Kindergarten Day K/1/2 Swimming	14 Red, Pink & White Day School Council & Fundraising Committee Meeting 4:00	15 Kindergarten Day Gr 3-6 ESO & Bowling K/1/2 Swimming	16 Skating on Pigeon Lake at Poplar Bay, weather and ice permitting	17 PLC Day No School for Students	18
19	20 Family Day No SCHOOL	21	22 Kindergarten Day K/1/2 Swimming Pink Shirt Day Hot Lunch	23	24 Kindergarten Day Gr 3-6 Ski/snowboarding- Rabbit Hill K/1/2 Swimming	25 West of the 5th Poker Run Fundraiser
26	27 Kindergarten Day	28				