



# Lakedell School

April 2023

Lakedell School

*ayiki pîsim*

*April – frog moon*



## Principal Message:

We look forward to a pleasant April while wrapping up March. Progress reports will be prepared and shared via PowerSchool by mid-April while teachers have met with many parents about student programming including IPPs. Parent-Teacher Interviews are scheduled for April 26 and 27.

The younger kids had swimming lessons four times while the older children got in a ski day and a swimming trip. Thank you to the Parent Fundraising Committee for paying for these trips. We were pleased to bring to the students a new program, Wet Felting, this week. The kids enjoyed this activity as they created pieces of artwork that will be cherished for years. We funded this visit through the Haunted Barn proceeds, and it was money well-spent. We have Juno Award-winning folk singer Maria Dunn accompanied by Juno Award-winning violinist/fiddler Shannon Johnson visiting for a concert April 14 (12:30) followed by workshops with each class.

We used the skating rink quite a bit before the kids lost interest during the cold snap. It has been shoveled/ploughed and resurfaced several times by various families. Thank you for that.

We held our Kindergarten open house last week, and the team visited with eight families; it was a wonderful opportunity to get to know the kids and parents who will be attending next year. We have seven students registered so far with another two or three to follow. I understand that having a combined K-1-2 classroom is not a popular situation, but given our registration numbers, it is the only currently viable option. All the students are making significant progress, and the school team has done a masterful job of meeting the learning and social needs of all students.

Students have also started exploring Minecraft Education which allows teachers to plan learning activities within the Minecraft universe- from as simple as showing a demonstration of perimeter and area, to having students create items to show their learning.

We are facing a challenge with year-end traditions. The province is requiring us to do our final PAT for all grade 5 and 6 students on the morning of June 13. As a result, we will need to do our farewell potluck lunch toward noon (as usual) but followed by the awards and farewell recognition.

A reminder that Stacey Fiveland has been appointed principal starting in the fall, and our transition work has started.

Please let me know if you have any questions about our school.

Donald Teplyske, Principal 780 335 4549

Thank  
you



Lakedell Students and Staff would like to thank all the organizers, volunteers, sponsors, & participants on the success of the West of the 5th Poker Rally.

\$ 14,561.95 was the total raised for the Lakedell School Parent Fundraising Committee!!!!



## Wet Felting Projects

On March 20 & 21 the students had the chance to learn a new skill. Thank you to Leah Donald from Artfelt Studio for the opportunity.



## Lakedell School Parent Council & Fundraising Committees

Lakedell Parent Fundraising Committee would like to thank Corey and Claudia Kozack, along with all of the volunteers, sponsors, and participants of the West of the Fifth Poker Rally for another amazing year. This event supports our community and helps us provide additional experiences for students.

We would also like to thank Chef N' for student hot lunches and Pigeon Lake Lions Club for donating to our breakfast/lunch program.

Bear Tracks Ice melt is still available, contact Jenille (780)362-2022 to order.

Lakedell School is hosting this year's Track Meet on May 26th (the backup date is on June 2nd). We will be looking for volunteers to help out.

Our next meeting is on April 4th at 4:00.



## Parent-Teacher Interviews

April 26th & 27th  
4:00 - 7:00 pm

### Parents can book Interviews Online

To book, go to Lakedell School website look under the bookings tab. Following prompts. You can choose to come for an in-person interview, by phone or Google meets.

NOTE: REGISTRATION OPENS April 1 and closes April 26 @ noon

### RE-ENROLLMENT FORM 2023-24

You should have already received an email that will take you to the re-enrollment documents. They are also on SchoolEngage which can be found by logging into your PowerSchool OR stop in at the school and use the computer that is set up for re-enrollment and registration. If you need assistance please contact Mrs Smith at the office.

### Registration for Kindergarten

Kindergarten Registration is available on the school website <https://www.lakedellschool.ca> to assist our planning, please encourage neighbours and friends to register sooner than later.

## BOOK FAIR

The BOOK FAIR is Back!!

**April 25 - 27**

### April 25th - Preview Day

Student will get a sneak peak at the Book Fair, enter a contest, and bring home a wish list.

### April 26th & 27th- Buying Days

Students are invited back during the day for buying opportunities.

### Evenings of April 26th & 27th

**4-7 pm**

Students and families are invited to come to the book fair during Parent Teacher Interview Nights.

**Mrs. Smith will be looking for a few volunteers. If interested please call her.**

## Lakedell Student of the Week School

Our most recent students of the week, selected by staff members for any number of wonderful reasons, include:

**Blake, Abby, and Jayd.**

Each Student of the Week receives recognition at the school and a small token of appreciation



## Bus & Absence Routines



**You will notice signage in the parking areas and laneway of the school; please observe them to maximize student safety.**

To reduce morning congestion in front of the school—and to avoid bus-car-truck conflicts—we want parents to drive into the second entrance (by the ice rink), 'drop' their children at the east end of the school, and then proceed out the 'main' entrance. We are hoping this will reduce the number of parent vehicles that are sometimes 'in the way' of the buses. Please do not drop-off your children before 8:20. Thank you for your cooperation!

As always let us know when your child is going to be absent; use the SafeArrival WRPS app, text the teacher, call the office or write a note in the agenda the day before. We need to know that your child is not going to be at school.

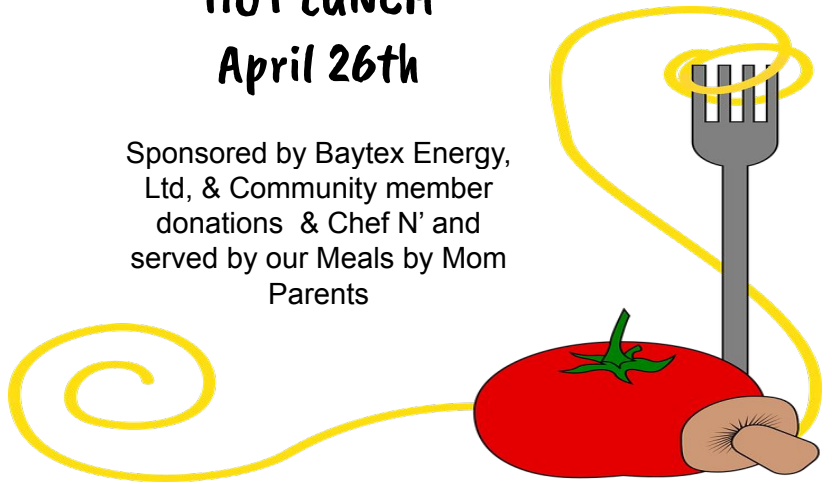
**If you are making changes to the bus routine (for example, your child is going to a friend's house) you must tell us. We will not arrange a bus change based on your child's say so. If you are picking up your child at the end of the day, please wait at your vehicle until the buses depart; Mr. Teplyske will dismiss children to you once he recognizes you. It helps if you step out of your vehicle so that we can see your face.**

It is so important for children to arrive 'on-time' for school. Teachers begin formal teaching at 8:45, but prior to that students have the opportunity to practice reading, writing, and math skills, and to get organized for the day. When children habitually arrive later than 8:30, their learning is impacted.

**School Council &  
Lakedell School  
Fundraising  
Committee Meeting  
April 4, 4:00**

**HOT LUNCH  
April 26th**

Sponsored by Baytex Energy,  
Ltd, & Community member  
donations & Chef N' and  
served by our Meals by Mom  
Parents



### **Lakedell School's Wellness Coach**

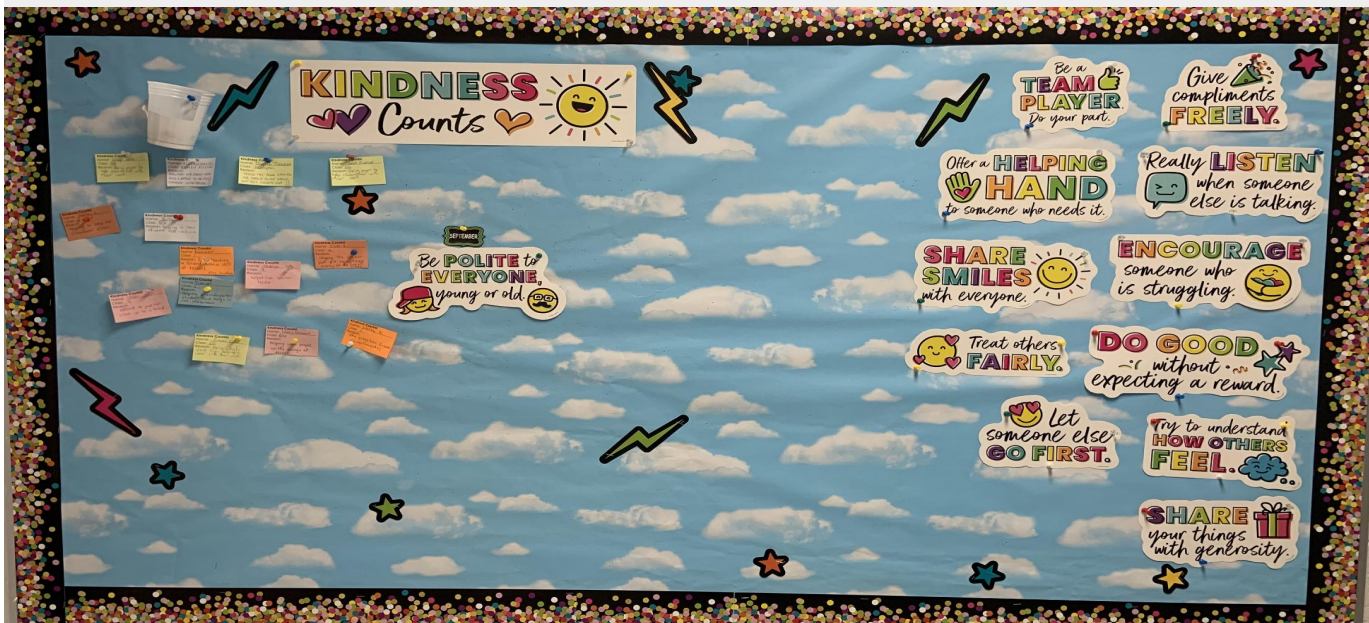
**Happy Spring! After another long, rather chilly winter it is so nice to welcome the warm sunshine and a new season. Miss Gibson and the Wellness Club have been discussing Spring Self-Care and what we can do to make sure we are looking after ourselves this season. Our favourite ways to take care of ourselves in the spring include soaking up all the sunshine, getting outside more to move our bodies, and planning/planting a garden to enjoy throughout the rest of the year. I hope everyone has a restful, rejuvenating spring break and we can all take some time to practice self-care!**

## The Brenda McLeod Library's Most Popular Books This Month:



Next time you are in the school, poke your head into the library. We have made some substantial changes to better the experience of children.

Each month Lakedell students and staff emphasize an element of character development within our “**Kindness Counts**” program. In March we focused on “**Let Someone Else Go First**” and in April we are encouraging students to “**Listen When Someone Is Speaking**.” Through this continued focus on elements related to Kindness, we strive to develop within children characteristics of empathy building, positive feelings, respect, and support within the school community and within children, qualities that we hope will last a lifetime. Please encourage your child to remember **Kindness Counts** this and every month with a special emphasis on “**Listen When Someone Is Speaking**” during April.



We want to invite the Lakedell School families to participate in the Wetaskiwin Co-op School Equity Program, which allows schools to earn equity on purchases.

Lakedell's number is **82415** and at the till, customers at all Wetaskiwin Co-op locations have the option to use that membership number. The equity earned from each of these purchases will be calculated based on Wetaskiwin Co-op's fiscal year, November 1st – October 31st and 100% of the equity earned will be paid out to the school. Thank you for your support!



**Breakfast, Snack, & Lunch Program**



As you may know, Lakedell School has a Breakfast, Snack, and Lunch Program that is open to ALL students. Each day Mrs. Leibel ensures students have access to cereal, thanks to the support of Breakfast Clubs of Canada, as well as continued community and private donations. As well, we provide snacks and lunches for students who require these. The breakfast and lunch programs are intended to support students and families in need, without questions or qualifying information. We appreciate that some families are struggling during difficult times. If you feel your child cannot attend school due to a lack of breakfast at home or lunch coming to school, please discuss this with me: we want your child at school, and will make arrangements.

Teachers have asked me to mention that children need enough food for three healthy (-ish) snacks daily as well as lunch.

Please feel free to contact Mr. Teplyske at the school if you have any questions or comments about our school or your child's program.

Our breakfast and foods programs are currently very well-funded: thank you for your support. If you wish to make a general donation to help support extra school programming, we greatly appreciate any financial support that you can offer. Please contact Mrs. Smith at the office if you would like to donate. We thank all the families who made financial contributions last school year.

**Drink Tab Collections**

PULL TAB PROJECT FOR CHILDREN WITH DIABETES

Lakedell School will be collecting pull-tabs again. This project is sponsored by the Lions Club of Pigeon Lake who converts the tabs collected into dollars which are managed by the Pediatric Diabetes Education Centre at the Stollery Children's Hospital in Edmonton.

By pulling the tabs, you can help a parent to buy life sustaining diabetes equipment and supplies for their child!

The local schools in our area will be collecting the pull-tabs to see which school has collected the most by weight and the winner will receive a prize from the Lions Club of Pigeon Lake.

Thank you for making a difference to the children and families struggling with Diabetes.



## Plains Cree Calendar Teaching

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(April)

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Frog Moon

The frogs come out and start singing to their eggs, “It’s time to come out soon, it’s safe to come out, it’s warming up, come out.”



**Frog Moon - April**

Frog Moon" indicates that the frogs have returned to the spring ponds, at least in temperate climates. This is sometimes called the “Egg Moon” or “Sprouting Grass Moon” as well as other names like “Full Fish Moon,” or “Pink Moon” named after the wild phlox that blooms in southern areas. There are many traditions and each has its own name. April’s Full Moon was called “Planter’s Moon” by the American colonists, the “Peony Moon” in China, the “Wildcat Moon” by the Choctaw Indians, and the “Moon When the Geese Return” by the Sioux. In Ireland, it was the “Growing Moon” or “Seed Moon” and neo-pagans knew it as the “Awakening Moon.” It is sometimes called the Full Pink Moon. This name came from the herb moss pink, or wild ground phlox, which is one of the earliest widespread flowers of the spring. Other names for this month’s celestial body include the Full Sprouting Grass Moon, the Egg Moon, and among coastal tribes the Full Fish Moon, because this was the time that the shad swam upstream to spawn.



# Ms. Kandice's Corner

It's a stressful world! In some ways, today's families are under more stress than ever before and that includes kids. If children can learn to respond to stress in a healthy and constructive way early on, they will be more resilient and better able to cope with whatever life sends their way.

**Resilience** is the capacity to withstand or recover quickly from difficulties and challenges. It's important to note that being resilient requires a skill set that needs to be worked on and grows over time. Building resilience takes time, strength, and help from other people.

## 10 tips for building resilience in children

1. **Make connections**  
Teach your child the importance of engaging and connecting with their peers, including the skill of empathy and listening to others. Connecting with others provides social support and strengthens resilience.
2. **Help your child by having them help others**  
Children who may feel helpless can feel empowered by helping others.
3. **Maintain a daily routine**  
Work with your child to develop a routine, and highlight times that are for school work and play.
4. **Take a break**  
When frustration, overwhelm or anxious feelings set in, teach your child to take a break, focus on what they can control, practice deep breathing or other calming techniques.
5. **Teach your child self-care**  
Caring for oneself and even having fun will help children stay balanced and better deal with stressful times.
6. **Move toward your goals**  
Teach your child to set reasonable goals and help them to move toward them one step at a time.
7. **Nurture a positive self-view**  
Help your child remember ways they have successfully handled hardships in the past and help them understand that these past challenges help build the strength to handle future challenges. Help your child learn to trust themselves to solve problems and make appropriate decisions.
8. **Keep things in perspective and maintain a hopeful outlook**  
Help them see that there is a future beyond the current situation and that the future can be good. An optimistic and positive outlook can enable children to see the good things in life and keep going even in the hardest times.
9. **Look for opportunities for self-discovery**  
Help your child take a look at how whatever they're facing can teach them "what am I made of."
10. **Accept change**  
Help your child see that change is part of life and new goals can replace goals that have become unattainable. It is important to examine what is going well, and to have a plan of action for what is not going well.

( information taken from <https://www.apa.org/topics/resilience/guide-parents-teachers>)

If you would like more information about helping children develop resilience, please contact me at the school or through my email, [kandice.wynia@wrps11.ca](mailto:kandice.wynia@wrps11.ca).

Kandice Wynia

FSL, RPC/CT

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Sun	Mon	Tues	Wed	Thu	Fri	Sat
						1
2	3 Kindergarten Day	4 School Council/Fundraising Committee Meeting 4:00	5 Kindergarten Day	6	7 <b>NO SCHOOL</b> <b>Good Friday</b>	8
9	10 <b>NO SCHOOL</b> <b>EASTER Monday</b>	11 Medicine River in-school Visit Gr. 7 Orientation @PLRS 5:30-6:30	12 Kindergarten Day	13	14 Kindergarten Day Maria Dunn - Shannon Johnson-Folk Artist concert and workshops	15
16	17 Kindergarten Day Progress Reports Updated on PowerSchool	18 <b>Alberta Musical Theatre 1:30</b>	19 Kindergarten Day	20	21 Kindergarten Day	22
23	24 Kindergarten Day	25 Book Fair Preview Day	26 Kindergarten Day Wacky Hair Day HOT LUNCH Book Fair	27 Grade 6 students visit PLRS Book Fair	28 <b>PLC Day</b> <b>No School for Students</b>	29
				Parent-Teacher Interview Evenings 4 - 7		