

### December 2023 Newsletter

December is here already! Concert season is upon us and students and staff are feverishly preparing for what is sure to be a great concert! Parent Council is once again organizing raffle baskets, Pre-School is seeking items for their bake sale, and we are accepting toys to take to the Pigeon Lake Child and Family Society, and food for the food bank.

Students were disappointed with the rescheduling of Alien Inline once again, but it was a good lesson for us to show empathy and understanding for the instructor who strained their back and was unable to be here this week. The good news is that we will participate in the program on January 25 and 26th.

During November and December, Lakedell's theme for the month is Courage. We have looked at four different types of courage:

- Moral Courage to stand up for right and wrong.
- Disciplined courage to stay focused and show persistence even if we face setbacks or failures.
- Intellectual Courage to be willing to consider and be brave when learning new ideas and participating in new activities and experiences.
- Empathetic Courage the willingness to listen to one another's ideas, even if they are different from our own.

During December we will dive deeper into relating these types of courage to our own experiences by examining what it means to have a Growth Mindset versus a fixed one. December is sure to be a busy one as we have the concert, then get into our final week before our break participating in a Countdown to the Holidays!

I hope to see you at the concert. If you ever have any concerns or questions, please do not hesitate to reach out!

**Happy Holidays!** 

Mrs. Fiveland

## <u>Permiss 2023</u>

MON	TUE	WED	THU	FRI
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Parent Council -Help Needed For Decorating 2:30 pm - 4:00pm	5 K Drumming @12	6	<sup>7</sup> K	PLC DAY no school for students
11	K Christmas Concert	Gr 6 Christmas dinner @PL	K K	15
Wear Red/ Green Day	Breakfast is Served by Staff Storytime Dress like a Christmas tree or present	Wear Christmas Sweater or Socks	Hot Lunch Activity Day	PJ/Movie/Popcorn Day
25  Holid	ay Break	See you b	ack Jan 8	29 <b>th</b>

### Happy Holidays!

FROM THE LAKEDELL SCHOOL PARENT FUNDRAISING
COMMITTEE AND PARENT COUNCIL

Highlights from the last meeting:

- Please plan to join fellow parents on Monday, December 4th, 2023 2:30PM to decorate the stage for the Lakedell School Christmas Concert! The theme for this year's concert is BELLS, BELLS, BELLS! No experience necessary, join in the fun!
- Bear Tracks Ice Melt is available for purchase by contacting Randi (780) 312-8406 This is a fundraiser for our school.
- Parent volunteers are always welcome to assist with special events, ice making and fundraisers. If interested contact the school
- Mark your calendar for February 23-24 for the West of the 5th Poker Run we
  will need your help.
- If you would like a copy of the meeting minutes please request through the school.

We hope to see you at the stage decorating, Christmas Concert and January Meeting.

Warmest Wishes

FROM ALL THE STAFF OF LAKEDELL SCHOOL

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### Volunteers Needed for Activity Day

**Dec 21st from 12-3:30** 

If you can donate some time please contact the school, send an agenda note or contact the teacher

### SHOE BOXES NEEDED

Mrs Kelly's Grade 1-2 Class will be needing Shoe boxes for a project in January. If anyone have some they would like to donate that would be greatly appreciated. They can be dropped at the front office or in the Grade 1-2 Room.

#### **Christmas Classroom Raffle Baskets**

Grade K Theme: Family Movie Night: Examples of items to donate would be, but not limited to: movies, snacks, popcorn, popcorn flavoring, popcorn containers, gift cards, movie passes.

**Grade 1-2 Theme: Everything for your Pets** Examples of items to donate would be, but not limited to: treats, toys, canned or dry food, gift cards.

Grade 3-4 Theme: Family Time: Examples of items to donate would be, but not limited to: games, snacks, cards, movies, puzzles, movie passes, gift cards.

Grade 5-6 Theme: Everything Cozy: Examples of items to donate would be, but not limited to: mugs, hot chocolate, candles, chocolates, candies, socks/slippers, tea, honey, soup, board games, blankets, books.

If you are able, Parents/Guardians are asked to send contributions for your child's class basket. Donations can be sent right away and up until December 7th.





#### Kandice's Korner

How to respond to teasing, rudeness and bullying.

Teasing, rudeness and bullying are unfortunately situations that happen at school as children develop their social skills. We want all our students to feel safe and comfortable while at school. Here are some helpful tips from Big Life Journal (biglifejournal.com) to support children who may experience these situations.

**Establish Boundaries:** Teach your child to set boundaries. They can calmly tell the teasing person not to speak to them that way and try to work things out. Teasing can sometimes occur unintentionally and the other person may not mean to hurt their feelings. A firm "I don't like it when you tease me. Friends don't tease" can often be enough to change the situation.

**Dealing with Rudeness on Purpose:** Rudeness on purpose is when someone intentionally wants to hurt others with their words and it might continue even after being asked to stop.

Encourage your child to speak up and tell the person to stop. If the rudeness continues, advise them to seek help from an adult at the school so the situation can be addressed.

**Addressing Bullying:** Help your child recognize the signs of bullying, which is harmful, purposeful, frequent and systematic. In cases of bullying, teach your child to leave the situation and report it to a trusted adult. They must seek help when dealing with bullying, as it will often not stop unless adults intervene.

Remind your child that teasing and rudeness are never acceptable and it's not about them, but the person being rude.

If you would like more information or support about how to deal with teasing, rudeness or bullying, please contact me at the school or through email <a href="mailto:kandice.wynia@wrps11.ca">kandice.wynia@wrps11.ca</a>

Kandice Wynia RPC, CT Family School Liaision

Tree group

SNACKS PROVIDED

AGES 6-12

MORE DATES ADDED!!

# LAKEIJELL

3:45PM-5:15PM

NEW ACTIVITIES EACH WEEK. CRAFTS, BOARD GAMES. **OUTDOOR PLAY** 

@ 462006 RANGE RD 12 LAKEDELL SCHOOL

CALL OR TEXT JEN AT 780-312-8137 JENNIFER.MCCLURE@MCMANCENTRAL.CA

Provincial Family Resource Networks

